



## CAMPBELLS BAY SCHOOL

Not self, but service.  
*Ko te ratonga te tuatahi, ko koe te tuarua*  
Est. 1925



### PLANT TO TASTE

Term 3, 2021



Dear Parents and Caregivers of Team 3 and 4,

Welcome to our Plant to Taste programme.

Plant to Taste provides a wonderful opportunity for our students to learn basic gardening and cooking skills. The students use our two gardens to learn about planting and caring for vegetables; and to use our kitchen in the Hall to prepare, cook and transform the vegetables into tasty creations. There is also space in our Hall for the students to create a temporary restaurant where they can eat their culinary creations.

#### **Organisation**

We have a committed and enthusiastic team of parents and caregivers who are our champions of Plant to Taste. This team of parents, caregivers and grandparents volunteer their time to help keep our programme running. They help to oversee the gardens and the kitchen. All classes from Year 3 and Year 4 will participate in Plant to Taste. Children will work with our Champions of Plant to Taste, their class teacher and 4 - 6 parent helpers from each class.

Children in Year 3 and Year 4 participate in gardening activities, preparing food and cooking; and ending the session with a shared meal together. The class is then responsible for caring for the garden for the remaining week.

Students will be using the recipes from the revised edition of the Plant to Taste cookbook. If you would like to purchase this book it is available through our online payment portal on the school website: <http://campbellsbay.school.nz/>.

## Dates for Term 3

Week	Date	Time	
3	Tuesday 10 August	9:00 a.m. - 12:30 p.m.	Year 4: Room 7 - Jackie Frank <a href="mailto:jackief@campbellsbay.school.nz">jackief@campbellsbay.school.nz</a>
3	Thursday 12 August	9:00 a.m. - 12:30 p.m.	Year 3: Room 9 - Sandra Troughton <a href="mailto:sandrat@campbellsbay.school.nz">sandrat@campbellsbay.school.nz</a>
4	Tuesday 17 August	9:00 a.m. - 12:30 p.m.	Year 4: Room 8 - Heather McMeekin <a href="mailto:heatherm@campbellsbay.school.nz">heatherm@campbellsbay.school.nz</a>
4	Thursday 19 August	9:00 a.m. - 12:30 p.m.	Year 3: Room 10 - Nicola Hart <a href="mailto:nicolaha@campbellsbay.school.nz">nicolaha@campbellsbay.school.nz</a>
5	Tuesday 24 August	9:00 a.m. - 12:30 p.m.	Year 4: Room 11 - Gabrielle Hobin <a href="mailto:gabrielleh@campbellsbay.school.nz">gabrielleh@campbellsbay.school.nz</a>
5	Thursday 26 August	9:00 a.m. - 12:30 p.m.	Year 3: Room 24 - Claire Munford <a href="mailto:clairem@campbellsbay.school.nz">clairem@campbellsbay.school.nz</a>
6	Tuesday 31 August	9:00 a.m. - 12:30 p.m.	Year 4: Room 12 - Heather Mackenzie <a href="mailto:heathermackenzie@campbellsbay.school.nz">heathermackenzie@campbellsbay.school.nz</a>
6	Thursday 2 September	9:00 a.m. - 12:30 p.m.	Year 3: Room 25 - Jo Kim <a href="mailto:jok@campbellsbay.school.nz">jok@campbellsbay.school.nz</a>
7	Tuesday 7 September	9:00 a.m. - 12:30 p.m.	Year 4: Room 13 - Ashley Berking <a href="mailto:ashleyb@campbellsbay.school.nz">ashleyb@campbellsbay.school.nz</a>
7	Thursday 9 September	9:00 a.m. - 12:30 p.m.	Year 3: Room 26 - Elsabe van Dyk <a href="mailto:elsabev@campbellsbay.school.nz">elsabev@campbellsbay.school.nz</a>
8	Tuesday 14 September	9:00 a.m. - 12:30 p.m.	Year 3: Room 27 - Victoria Hohaia <a href="mailto:victoriah@campbellsbay.school.nz">victoriah@campbellsbay.school.nz</a>
8	Thursday 16 September	9:00 a.m. - 12:30 p.m.	Year 4: Room 14 - Mathew O'Hagan <a href="mailto:mathewo@campbellsbay.school.nz">mathewo@campbellsbay.school.nz</a>

### **We need your help**

We need and value your support and there are two ways in which you can help.

#### **1. Become a Champion of Plant to Taste**

We are always looking to add to our core group of volunteers known as 'Our Champions of Plant to Taste'. The bigger the team, the more the responsibility is shared. Volunteers can help in the kitchen or gardens.

In the kitchen, volunteers help to purchase products, set the kitchen up for the students, and help to supervise and guide the students and the classroom parent helpers during the preparation and cooking of the recipes.

If you are interested in joining our *Champions of Plant to Taste* team, please email me at [patriciam@campbellsbay.school.nz](mailto:patriciam@campbellsbay.school.nz).

#### **2. Weekly Parent Volunteers**

We also need parent helpers every week from each class to help the students in the kitchen and garden. If you would like to help out in this capacity please email your child's teacher. Thank you.

Only adults who have a current police vet will be able to help with Plant to Taste. If you would like to be one of the parent helpers for your class and you do not have a police vet, please go to the school website and complete the form following the instructions: <http://campbellsbay.school.nz/police-vetting/>. Thank you.

### **Allergies or Food Intolerance**

If your child has any food allergies, please email your child's classroom teacher to inform them.

Please note that due to resource constraints, unfortunately we cannot substitute all menus and ingredients to cater for the range of food allergies or intolerances in the classes, but we will do our best to choose appropriate menus.

Thank you.

Kind regards,

Patricia Meder  
Associate Principal