

Not self, but service. Ko te ratonga te tuatahi, ko koe te tuarua Est. 1925

# Sport Handbook 2023



## WELCOME TO SPORT AT CAMPBELLS BAY SCHOOL (CBS)

This handbook has been prepared specifically to provide information about sport at Campbells Bay School. It is written in the context that it implements the Campbells Bay School Board of Trustees' policy on participation in sport, referred to as 'the policy' (See final page of this handbook for this policy). We have carefully outlined the school's expectations for us to work together effectively. If you have a query regarding sport, please contact Keri Maunder, the teacher in charge (TIC) of sport at the school on:

kerim@campbellsbay.school.nz

As a school we recognise that sporting opportunities provide our students with rich learning experiences. Participation in sport and physical activity by students and staff has positive benefits for the individual, the school, and the community.

We strive for excellence in providing and supporting the best sporting opportunities and environments in which our students can participate, learn, and grow. Positive sporting experiences and opportunities inspire on-going participation and an enjoyment of physical activity and sport for life.

The sporting opportunities at Campbells Bay School provide all students with a variety of sports to participate in, develop skills and achieve personal success. We are constantly working to do this in an environment that has a healthy balance between participation and competition. With all our sporting opportunities, winning is not our intended outcome. Participation for all, healthy habits for life and extending students is our focus.

# **Sport Guiding Principles**

- To provide a variety of sporting activities which enable and encourage student participation in the sporting life of the school.
- All students will be encouraged to be involved in sport regardless of their ability.
- Each student will be encouraged to achieve personal success.
- To promote the attainment of sporting excellence.
- To support and provide guidance to all volunteers involved in sporting opportunities for our students.
- To create an environment that recognises and encourages physical activity and lifelong participation and enjoyment of sport.
- Fair and positive play and sportsmanship are always regarded as paramount.
- To maintain in sport the school values of respect, resilience and kindness.
- To promote positive attitudes in all aspects of sport (i.e., participation, refereeing, administration, commitment, and support).



## **Sporting Opportunities**

## A. Weekly sports teams and competitions

There are <u>five</u> main school team sports on offer. Students play in a school team that represents Campbells Bay in locally run, weekly competitions. These sports are available to different year levels at various times during the school year.

Most of these sports teams are for students in year three through to year six. Some are available to students in the junior school (years one and two). Team selections for teams in the junior school and the middle school (years three and four) are mostly based on friendships and classmates, with the emphasis more on participation and enjoyment. As students move into the senior school (years five and six), the competitions become more competitive and for some of the sports, trials are part of the selection process for teams.

Other team sports such as athletics, swimming, tennis, rugby, soccer and cricket, where teams participate in a weekly competition over a season, are played through local sports clubs, although there are some occasions (zone, cluster and interschool sports days) when the school organises teams to participate in these codes.

Campbells Bay team sports ('main sports') which participate in a weekly, locally run competition over a season are:

- Flippa ball (junior water polo)
- Hockey
- Miniball (junior basketball)
- Netball
- Touch Rugby

# **B. Zone, Cluster and Interschool Sports Days**

During the school year students have the opportunity to try out for teams representing the school at a 'one off' competition, tournament or sports day. Not all these sports are available to all year levels. Students usually attend a trial process for these sports teams. Some of these sports are:

- Athletics
- Cricket
- Cross Country
- Gymnastics
- Rippa Rugby
- Soccer
- Swimming



## C. Extra Sporting Opportunities

During the school year, the school encourages and provides opportunities for students to participate in big, community run sporting events. These events have a small element of competition, but the focus is on participation, 'giving it a go' and enjoying a physical and sporting activity.

Some of these events are:

- Weetbix Kids Tryathlon
- Beach Series
- Shore to Shore Fun Run

## **Sports Overview for the Year**

## A. CBS Weekly Sports Teams

#### Term One:

1. Flippa ball- available to year three to year six

Teams are re-enrolled each term. Each term is run as a separate competition. Students commit to a term at a time. There are no trials for flippa ball.

In year three and four, teams are mostly based on friendship groups and classmates. Year five and six has some grading to teams as teams play in a more competitive and graded competition.

With all teams from year three to six, team make up can change from term to term and largely depends on the number of registrations received each term, as well as the experience of some players. Each term, priority is given first to students already playing and who have registered on time. Late registrations and new registrations are available to new players when spaces become available.



#### 2. Miniball – available to year one to year six

All students commit to a semester (two terms) at a time. Players in year two to year four do not trial and teams are mostly based on friendship groups and classmates. Team make up also depends on the number of registrations received each semester and the experience of some players.

Players in year five and six attend trials at the start of term one. Team numbers and make up can change from semester one to semester two and are dependent on the number of registrations received each semester and the experience of some players. There is no trial for semester two.

Priority for registration for all teams for semester two is given first to students already playing in a team in semester one. New registrations are available when spaces become available.

## **Term Two:**

- 1. Flippa ball- as per term one
- 2. Miniball- continues from term one (semester one)
- 3. Winter Hockey- available to year three to year six

Winter hockey runs across both term two and three. Players commit to playing the full season of winter hockey, which is both terms two and three.

In year three and four, team make up is mostly around classmates, friendships and number of registrations received. Previous experience of players may come into play when teams are formed. There are no trials for students in years three and four.

In year five and six, trials are sometimes part of the team selection process. Trials are usually held towards the end of March. Previous experience may also be considered in team selections. The teams formed are also dependent on the number of registrations received.

4. Winter Netball- available to year two to year six

All players commit to playing winter netball for both terms two and three.

Year two teams play in the FutureFerns programme at Netball North Harbour. Teams are formed mainly around classmates, friendships and the number of registrations received.

Year three and four teams play in the Kidzplay Netball League. Teams are formed mainly around classmates, friendships and the number of registrations received. Previous experience of players may come into play when teams are formed. There are no trials for year three and four.



Year five and six teams play in the Netball North Harbour League. Students attend trials around mid-March. Previous experience may also be considered in team selections.

## **Term Three:**

- 1. Flippa ball- as per previous terms
- 2. Miniball- as per previous terms; Start of semester two
- 3. Winter Hockey- continues from term two
- 4. Winter Netball- continues from term two

## **Term Four:**

- 1. Flippa ball- as per previous terms
- 2. Miniball- as per previous terms and semester two continues from term three
- 3. Summer Hockey- available to year one to year six

Summer hockey is a short eight-to-nine-week social hockey competition. All teams are formed around classmates, friendships and number of registrations received. Previous experience and winter hockey team placement may be considered when forming teams. There are no trials for summer hockey.

4. Spring Netball- available to year two to year six

Spring netball is a short six-week social netball league. Teams are based on classmates, friendships and number of registrations received. Previous experience and winter netball team placement may be considered when forming teams. There are no trials for spring netball.

5. Touch Rugby- available to year one to year six

Touch rugby is a short (around nine weeks) social competition. Teams are formed around classmates, friendships and number of registrations received.

Because we have over 200 players and around 20 to 30 teams each year, students can form their own teams. This is the only weekly sport we do this for.



## B. Zone, Cluster and Interschool Sports Teams

**Please note**: Below is a list of some of the zone day and interschool sports on offer each year. The list can change from year to year. Some new sporting opportunities could be added, and some sports may not be on offer.

#### **Term One:**

#### 1. Cricket

Students in year four to six attend trials for teams to attend a one-day interschool cricket tournament. There is usually a mix of social and competitive teams. Team selections are dependent on the number of students trialling and the number of teams we are allowed to enter into the tournaments on offer. Both boys and girls can play.

#### 2. Tennis

The interschool tennis tournament is open to students in year four to six. There is a singles and a doubles competition at the tournament and students can play in one or the other, not both. The number of students we can enter is limited by the criteria set by the organising school. We can usually only enter four boys and four girls. There is usually a mix of social and competitive players.

#### 3. Swimming

This is a competitive swim meet against other North Shore Primary Schools and is hosted by the North Shore Swim Club. It is open to students in years three to six. Students register to attend trials where they are timed. Team selection is based on performance and times at the trials. The organisers set a limit of 32 swimmers per school team.

## **Term Two:**

#### 1. Badminton

Students in year five and six attend trials. Both competitive and non-competitive teams are selected. Teams are dependent on the number of students trialling and by the criteria set by the organisers.

#### 2. Cross Country

Interschool cross country is for students in year four to year six. Each school enters a team of six to eight runners per year group for each gender. The team is made up of around 48 runners. Team selection is mostly based on the results of our CBS year group competitive cross country race/ trial.



#### 3. Soccer

Both a boys and a girls soccer team compete in the interschool zone day tournament. The girls' team is for students in year five and year six. Due to the large number of boys in year five and six who play soccer, the boys' team is limited to boys in year six. This is a competitive tournament and team selection is based on performance at the trials. The organising school limits the number of teams per school to one boys' team of nine players per and one girls' team of nine players.

#### 4. Netball

We usually participate in the Year 6 Netball Field Days Tournament hosted by Netball North Harbour. Only year 6 teams may enter and there is no limit on the number of teams you can enter. As this competition is formed from a current weekly competition, where we can, we enter all of our existing year 6 winter netball teams.

In addition to this competition, we may have the opportunity to participate in the Super Cluster Netball Zone Day. We are allowed to enter one year five team and one year six team. As this competition is formed from a current weekly competition, we usually enter our existing highest graded year 5 winter netball team and out highest graded year 6 winter netball team.

#### **Term Three:**

#### 1. Basketball

This zone day tournament is for year five and six students and is for both boys and girls. Each school is allowed to enter one team of each gender. As this competition is formed from a current weekly competition, we enter existing teams. It is usually the highest graded teams that attend this tournament.

#### 2. Hockey

This zone day tournament is for year five and six students and is for both boys and girls. Each school is allowed to enter one team of each gender. As this competition is formed from a current weekly competition, we enter existing teams. It is usually the highest graded teams that attend this tournament.

#### **Term Four:**

#### 1. Touch Rugby

This is a competitive tournament for the eight schools in our Super Cluster. Each school is allowed to send one boys team and one girls team made up of players from year five and



six. Students will be invited to attend trials and team selection is based on performance at the trials.

#### 2. Athletics

Interschool athletics is for students in year four to six. Students who would like to try out for the interschool athletics team register to attend the athletics trials. Team selections are based on the times and distances from the athletics trial. Each school is limited to the numbers of students they can enter. The number of individual events students can enter is limited by the entry criteria of the athletics meet.

#### 3. Artistic Gymnastics

Students in year two to six are invited to trial for the school gymnastics team which enters the North Harbour Primary Schools Gymnastics Competition. This is a competitive competition and selection is based on performance. Trials are usually held at the start of term three. If successful in obtaining a place in the gymnastics team, students are committed to attending a weekly lunch time training during term 3, in preparation for the gymnastics competition at the start of term 4.

#### 4. Rhythmic Gymnastics

Students in year three to six are invited to trial for the school rhythmic gymnastics team which enters the North Harbour Primary Schools Rhythmic Gymnastics competition. This is a competitive competition and selection is based on performance. Trials are usually held at the start of term three. Team numbers are limited to one team of four gymnasts per year level. If successful in obtaining a place in the rhythmic gymnastics team, students are committed to attending a weekly lunchtime training during term 3, in preparation for the interschool competition at the start of term 4.

# **Sports Team Coaches and Managers**

The successful running of sports teams at CBS relies on the help of parents and volunteers to help with the coaching and managing of teams. Teams, for each of the five weekly team sports (miniball, flippa ball, netball, hockey and touch rugby), are required to have a coach and manager. The coach organises the players at the games, including substitutions, and organises the trainings. The manager liaises with the team regarding the draw and any other information that needs to be passed on. Assistance and support can be given to get you started in either of these roles.

Weekly sports teams are mostly coached/ managed by parents of children in the team. Zone, cluster and interschool teams are coached/managed by a mix of teachers and parents.



IMPORTANT: Please note that in accordance with the Vulnerable Children's Act 2014, the Board of Trustees has adopted a procedure whereby that from the start of 2017 only adults (all persons 18 years of age and over) who have undertaken a police vet with acceptable results can be selected to manage/coach a school sports team. If you would like to volunteer to coach or manage a team and have not completed this process yet, please go to the school website to 'police vetting' and complete the form as per the instructions.

## **Communication, Registrations and Fees**

Information regarding the opening and closing of registrations for the five weekly team sports can be found in:

- The weekly school newsletter
- The daily notices read by classes at the start of each day
- Information letters emailed via Etap
- Information and links under the Sports tab on the school website

Information regarding the trials for teams for zone, cluster and interschool teams will be in the day notices read at the start of the day by classes. This information usually appears every day for the week preceding the trials.

Dates of cluster, zone and interschool days will be published in the weekly school newsletter and on the school calendar on the school website. There are also links to these dates under the Sports tab on the school website.

Registrations for all team sports are made online via the school online payment portal (Kindo) found on the school website. Fees for team sports will be advised in the information letters for each sport. These fees are paid online during the registration process.

A small fee for cluster, zone and interschool days may be charged. This fee is to cover the cost of transport and entry fees for teams. Fees for these events will be advised in the information letters for each sport. These fees are also paid online via the school online payment portal (Kindo) found on the school website.

# **Sport Uniform**

Children participating in CBS sports teams and representing the school at sport are expected to always wear the correct school uniform. The school sport uniform can be purchased from NZ Uniforms Auckland, 19A Douglas Alexander Parade, Rosedale.



## **Team Preparation and Commitment**

The success of both competitive and social sports teams is dependent on the preparation and effort put in before competition day. All students who are a member of a CBS sports team are expected to attend as many of the team's training sessions as possible. Please inform the coach or manager as soon as possible if your child is sick or unable to attend a training or game. Players are also to consider their other commitments before registering for a team, as by registering they are making a commitment to be available for all team trainings and games. Not being able to meet their commitment has an effect on other players and teams.

#### **Grievances**

Please be aware of 'the policy' (see final page of this handbook) in relation to the expressing of any concerns about the school's sports programme, as follows: "There is no requirement for the school to engage in negotiations or discussions with parents/caregivers about the school's sports programme processes unless there is a concern about safety."

Although the school devotes considerable resources to providing sporting opportunities for students, these resources do not extend to discussions regarding aspects of the school's sports programme. We thank you for your understanding and cooperation regarding this.

While every effort is made to ensure team selections are fair, there will be times when your child is disappointed with the outcome of their trial and/or selection. Everyone has experiences where they have felt they have missed out in their sporting lives, and this is the perfect opportunity for learning around coping with disappointment, perseverance and resilience.

# **Communication with Outside Organisations**

Any special requests or queries regarding things like the draw, match results, venue changes etc. are to be made through the teacher in charge of sport. This is to minimise the large volume of phone calls and emails directed at the sports organisations organising the respective competitions. If you cannot find the information needed on the organisations' website or Facebook page, please direct these to the school through Keri Maunder on kerim@campbellsbay.school.nz

If you have a complaint or concern regarding a team, a player, a coach or a spectator from another school, please direct these to Keri Maunder on <a href="mailto:kerim@campbellsbay.school.nz">kerim@campbellsbay.school.nz</a>



## **CBS Sport Codes of Conduct**

All players, coaches, managers and parents will be asked to agree to a 'CBS sports code of behaviour' before the start of the season for the sporting code.

#### Player Code of Behaviour

#### *I will* ...

- Play for enjoyment, not just to win or to please others.
- Play hard but fair and by the rules.
- ➤ Be committed to the team. Attend all practices where possible and be punctual and see the season through.
- Never argue with referees, coaches, and officials. Without them we would not have a game.
- > Be a good sport and applaud good play whether by my team or the opposition.
- Thank the opponents, referees and the coach at the end of the game.
- Treat all players as I would like to be treated.
- Wear the correct sports uniform.
- Use appropriate and acceptable language.
- Win with humility, lose with dignity.

#### Coaches/Managers Code of Behaviour

#### *I will* ...

- Be generous with my praise when it is deserved and positively reinforce the actions of <u>all</u> players
- Lead by example
- Develop team respect for officials and referees
- Insist on fair play and give all players the opportunity to participate in the game
- Encourage sportsmanship
- Use appropriate and acceptable language
- Never argue with officials, opposition, and referees. Without them we will not have a game
- > Be reasonable on the demands of young players time, energy and enthusiasm
- Create an enjoyable environment



- Remember that players participate for their enjoyment and winning is only part of the fun (I do not have to say "winning does not count" because it does; instead I can help develop the enjoyment of and feel for competition, hard work and having fun)
- Never yell at or ridicule a player for making a mistake
- Make sure I know the process to follow should I have any concerns regarding incidences or behaviour during a game. I <u>will NOT</u> directly approach any players or opposition teams myself

#### Parents/ Spectators/Supporters Code of Behaviour

#### I will ...

- > Ensure my child wears the correct sports uniform.
- > Remember children participate in sport for their enjoyment, not mine.
- > Applaud the performance of both teams.
- Encourage my child to play within the rules and respect the officials, referees and coaches decisions.
- Lead by example and be positive with the officials, coaches and referees.
- Let the players play their game, not mine. Leave the directions of play to the coach.
- Praise efforts, not results. Teach my child honest effort is as important as victory.
- Remember children learn best by example. Comments from the side-line need to be unbiased and positive.
- > Accept umpire/referees decisions whether I agree with them or not.
- Recognise and respect the value and importance of volunteer coaches and managers who give up their time and resources for the sporting benefit of my child.
- Not ridicule or yell at my child or any other player for making a mistake or losing a game.
- Make sure I know the process to follow should I have any concerns regarding incidences or behaviour during a game. I will NOT approach any players or opposition teams myself.
- ➤ I will notify the school in writing, before I register my child for a team sport, if we are going to be away for more than three weeks during the semester/ league/ competition.

# Finally.....

"Do you know what my favourite part of the game is? The opportunity to play." *Mike Singletary (US football player and now coach).* 



#### POLICY - PARTICIPATION IN SPORT AT CAMPBELLS BAY SCHOOL

#### Rationale

The Board recognises that while physical education and health are part of the compulsory curriculum, sport that sits outside of classroom experiences is extracurricular. It is voluntary in respect to student participation and to the school providing organisational structure and support. The Board provides significant support, by way of resourcing, to ensure these voluntary sporting opportunities are available to our students in the context that participation, variety and fun are the key objectives of organising any chosen sport in the school. Providing sporting opportunities also aligns with the Board's strategic priority to provide rich learning opportunities for students. It is the Board's expectation that fair play and positive attitudes in sport will grow learners for life who strive for excellence. Because of this, we expect that the school and its community will promote desirable behaviour of students, coaches, managers, parents/caregivers and supporters (collectively, "participants") with this expectation in mind.

#### **Purposes**

- (a) To ensure that students get to "have a go" at sport;
- (b) To ensure that sport in the school is having a positive impact on students with the goal that students get to have fun and a variety of experiences;
- (c) To involve participants in fair play practices and to ensure all participants exhibit fair play; and
- (d) To ensure staff/management time is spent, in the main, on matters concerning the compulsory curriculum.

#### **Guidelines**

- 1. There is no requirement for the school to engage in negotiations or discussions with parents/caregivers about the school's sports programme processes unless there is a concern about safety.
- 2. The respective roles of participants will be made clear by the school via a written "code of conduct" document in advance of any sporting code season commencing.
- 3. Students, coaches, managers and parents/caregivers will be expected to adhere to the code of conduct issued by the school prior to: (i) the relevant student being eligible to commence the particular sport that they wish to take part in, in the case of a student; and (ii) the relevant coaches, managers and parents/caregivers being eligible to coach or otherwise be involved in the particular sport (other than as a spectator) being offered by the school.
- 4. Inappropriate behaviour by participants may result in a student being temporarily stood down by the school from the relevant sports team(s), and/or other participants being removed from the school grounds during the relevant sport/training events (or at any other time as appropriate).
- 5. In exceptional circumstances, the Board may also request that a student be removed from a sports team indefinitely if the guidelines are not adhered to.

#### Conclusion:

The school is not legally obliged to offer sports through the school. But in recognition that sport is designed to be a positive experience for students and aligns with the school's vision of growing learners for life who strive for excellence, the school offers this extra-curricular activity because we feel it is very important. To this end, participants have a key role to play in exhibiting fair play and a positive attitude towards sport.

Review date: November 2022