



## CAMPBELLS BAY SCHOOL

Not self, but service.  
*Ko te ratonga te tuatahi, ko koe te tuarua*  
Est. 1925

### YEAR FOUR, FIVE AND SIX CROSS COUNTRY 2023

Dear parents and caregivers of year four, five and six students,

We have a competitive cross country/ inter school trial run planned for **Monday 29 May**. The **save day** will be **Thursday 1 June**. This trial run is optional and like the swim team and athletics team trials, students who would like to be considered for the inter school cross country team will need to register to take part in this event.

This event is also for students who would like to challenge themselves on the inter school cross country course, give a more competitive race a go or improve on their effort and result from last year. It is not only for students wanting to get into the inter school team.

Our **Fun Run** event will still be happening this year. It will take place on **Friday 2 June** and will be for all year four, five and six students. The **save day** for this event will be **Friday 9 June**. More information regarding the Fun Run will be sent home to families, closer to the time.

Over these first five to six weeks of term two, year four, five and six students are working on their learning and preparation for these events during their class fitness programmes.

The Health and Physical Education learning of this fitness programme helps to develop the achievement objectives from our curriculum. It encompasses building stamina and fitness, learning about competitiveness and participation for enjoyment, sportsmanship, goal setting, resilience and how exercise supports well-being.

Teachers are monitoring student learning and achievement over the weeks leading up to these school events. For us, these events are the celebration of that learning and a way to have fun and celebrate personal successes and challenges in the run.

**Please read all the information below regarding the competitive run/ inter school cross country trial run.**

**When:** Monday 29 May (Save day Thursday 1 June)

**Where:** Sunnynook Park (Inter school cross country course)

**Time:** Approximately 10.15am- 1:00pm

**Transport:** Children will travel to and from Sunnynook Park by bus. The bus will leave school at 10.00am and return to school at approximately 1.15pm.

**Who can attend:** Any year four, five and six student who has registered online to attend the trial run.

**Approximate distances:** Year 4- 1.8km Year 5- 2km Year 6- 2.2km

**IMPORTANT:** Please note that if you have not completed the online registration by the closing date, you will not be allowed to arrive on the day of the trial and participate. Unfortunately, late registrations will not be accepted as this does not allow enough time for the final organisation and planning to be completed.

**Parent helpers:** This event can only go ahead with the help of parent volunteers. We will need volunteers to help with marshalling on the course. If you can help, please indicate this during the online registration process. Please note that helpers must have successfully completed the schools police vetting process.

**Permission and payment:** To register your child for the run trial, please go online to <https://www.campbellsbay.school.nz/online-payment-portal/> and select "Year 4, 5&6 Cross Country Trial Run 2023" under "Campbells Bay School Sports".

There is a \$4.50 fee to pay to cover the cost of the bus. This registration will give your child permission to attend. For your child to participate in the cross country trial run/ competitive race, this online registration must be completed by **Thursday 25 May**.

Please note that **late registrations will not be accepted**, as this will not allow enough time for the necessary final organisation and planning.

**Team selection process:** We use both the class learning programme and the cross country trial run to make up the inter school cross country representative team. The selection process is shared with you below.

Students who complete the correct course and place first to sixth in the school cross country trial run on Monday 29 May will be selected for our inter school cross country team. Mrs Maunder and the teachers from the year group choose the seventh and eighth runners to represent the school. The seventh and eighth members of the inter school team are sometimes the runners who placed seventh and eighth in the trial run and sometimes not. We have this process as in the past, we have had top runners sick, injured, away on holiday, or injured during the race. We base this decision on the class learning programme.

Mrs Maunder and the group of teachers also choose the reserves. The reserves will be chosen from the inter school trial run and the class learning unit.

We hope that by sharing our process, everyone will understand we stand by the first six placings in the trial race to represent our school, and that the seventh and eighth runners and the reserves are up to a team of teachers to agree on. No correspondence about the seventh and eighth runners and the reserves selected will be entered into with parents and caregivers.

Yours sincerely,

Team four, five and six teachers

**Level Two Health and Physical Education**

<p><b>Personal Health and Physical Development</b></p> <p><i>Students will:</i></p> <p><b>Personal growth and development</b></p> <ul style="list-style-type: none"> <li>Describe their stages of growth and their development needs and demonstrate increasing responsibility for self-care.</li> </ul> <p><b>Regular physical activity</b></p> <ul style="list-style-type: none"> <li>Experience creative, regular, and enjoyable physical activities and describe the benefits to well-being.</li> </ul> <p><b>Safety management</b></p> <ul style="list-style-type: none"> <li>Identify risk and use safe practices in a range of contexts.</li> </ul> <p><b>Personal identity</b></p> <ul style="list-style-type: none"> <li>Identify personal qualities that contribute to a sense of self-worth.</li> </ul>	<p><b>Movement Concepts and Motor Skills</b></p> <p><i>Students will:</i></p> <p><b>Movement skills</b></p> <ul style="list-style-type: none"> <li>Practise movement skills and demonstrate the ability to link them in order to perform movement sequences.</li> </ul> <p><b>Positive attitudes</b></p> <ul style="list-style-type: none"> <li>Participate in and create a variety of games and activities and discuss the enjoyment that these activities can bring to them and others.</li> </ul> <p><b>Science and technology</b></p> <ul style="list-style-type: none"> <li>Use modified equipment in a range of contexts and identify how this enhances movement experiences.</li> </ul> <p><b>Challenges and social and cultural factors</b></p> <ul style="list-style-type: none"> <li>Develop and apply rules and practices in games and activities to promote fair, safe, and culturally appropriate participation for all.</li> </ul>	<p><b>Relationships with Other People</b></p> <p><i>Students will:</i></p> <p><b>Relationships</b></p> <ul style="list-style-type: none"> <li>Identify and demonstrate ways of maintaining and enhancing relationships between individuals and within groups.</li> </ul> <p><b>Identity, sensitivity, and respect</b></p> <ul style="list-style-type: none"> <li>Describe how individuals and groups share characteristics and are also unique.</li> </ul> <p><b>Interpersonal skills</b></p> <ul style="list-style-type: none"> <li>Express their ideas, needs, wants, and feelings appropriately and listen sensitively to other people and affirm them.</li> </ul>	<p><b>Healthy Communities and Environments</b></p> <p><i>Students will:</i></p> <p><b>Societal attitudes and values</b></p> <ul style="list-style-type: none"> <li>Explore how people's attitudes, values, and actions contribute to healthy physical and social environments.</li> </ul> <p><b>Community resources</b></p> <ul style="list-style-type: none"> <li>Identify and use local community resources and explain how these contribute to a healthy community.</li> </ul> <p><b>Rights, responsibilities, and laws; People and the environment</b></p> <ul style="list-style-type: none"> <li>Contribute to and use simple guidelines and practices that promote physically and socially healthy classrooms, schools, and local environments.</li> </ul>
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**Key Competencies**

- Thinking
- Using language, symbols, and texts
- Managing self
- Relating to others
- Participating and contributing